

Summer. P2.Challenge @ Home

"It Makes Good \$ense"

Your Name: _____

Division & Floor: _____

Pollution Prevention Activity	P2 Completed between June 1, 1996 June 1, 1998	P2 Completed between June 1, 1998 - August 31, 1998	Quantity	Point Value	Points Earned
Solid Waste Reduction <i>(Questions? Call Donna Webster, x2-8615 or see Waste Info Sheet)</i>					
Recycle regularly (2 pts. each of 8 types recycled) glass, aluminum, metals, plastic, cardboard, styrofoam, magazines, paper.			() x	2	
Compost yard-waste, food items, etc.			(1) x	2	
Use a re-useable bag at the grocery.			(1) x	2	
Reduce the amount of junk mail you receive by writing to the <i>Mail Preference Service</i> .			(1) x	5	
Use a re-useable cup or mug for drinks at work.			(1) x	2	
Practice integrated pest management			(1) x	1	
Energy-Efficiency <i>(Questions? Call Danny Orlando, x2-9087 or see Energy Info Sheet)</i>					
Improve the efficiency or replace Windows or Doors			() x	1	
Replace Furnace or Air Conditioner or Appliance with a more efficient model			() x	9	
<input type="checkbox"/> Replace Hotwater heater w/ a more efficient model <input type="checkbox"/> Wrap existing unit with a Hotwater blanket			() x	2	
<input type="checkbox"/> Seal your Ductwork with mastic <input type="checkbox"/> Incr./add Insulation in attic to R-30, Floors to R-19			() x	4	
<input type="checkbox"/> Turn off lights, monitors, TV etc when not in use. <input type="checkbox"/> Lower hot water heater setting <input type="checkbox"/> Change Thermostat settings or install automated control technologies to save energy <input type="checkbox"/> Change AC filter regularly/ upgrade filter			() x	1	
Use/install ceiling/whole house fans to save energy			() x	1	
Install a compact fluorescent lamp			() x	2	
Install solar technology(s)			() x	9	
Seal the electrical outlets in your house/apt			() x	0.25	

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Transportation (Questions? Call Alan Powell, x2-9045 or see Transportation Info Sheet)					
Buy an original equipment Alternative-fueled vehicle			() x	20	
Regularly bicycle to work, store, etc.			(1) x	7	
Buy a vehicle that is rated for >34 mpg city			() x	10	
Regularly carpool , ride mass transit , etc..			(1) x	10	
Water Efficiency (Questions? Call Caroline Ejimofor, x2-9309 or see Water Info Sheet)					
Plant a Tree			() x	1	
Convert/Install toilet to low flush			() x	4	
Convert a portion of your yard to a xeriscaped area.			() x	3	
<input type="checkbox"/> Wash vegetables/fruits in a bowl or sink of water. <input type="checkbox"/> Turn off water while brushing teeth, shaving , etc			() x	2	
Repair leaky toilets and dripping faucets			() x	2	
Install faucet aerators or restrictors			() x	1	
<input type="checkbox"/> Use Drip irrigation in your yard <input type="checkbox"/> Water yard in the early morning			() x	2	
Total Score					

OTHER - If you have undertaken something not on this list (Regular Telecommuting, Airsealing projects, you do not own a fossil-fueled powered vehicle, etc.), please describe it on a separate sheet or E-mail to Dan Ahern.

Points will be assigned by the P2 committee and added to your overall score.

JUST CURIOUS - If you can quantify a reduction in energy or water for the contest months vs. the same months one year ago, please note here (in Kwh or therms for energy, or thousands of gallons or cubic feet for water). If your interested, but don't know how – call us!!

P2 Slogan for EPA Letterhead - Jot down your idea for a P2 slogan to be placed on EPA letterhead!

P.S. “It makes \$ense now, doesn’t it??” Thanks for helping the environment!

Turn in your form to Dan Ahern or Bernie Hayes by : August 31, 1998